

LAMBTON SHORES MINOR HOCEKY DECLARATION OF COMPLIANCE
COVID-19

Individual Name (print): _____

Individual's Parents/Guardians _____

Email: _____

Phone: _____

Signature of Player (Parent/Guardian if player is under 18): _____

All players and parents are required to understand and adhere to all new rules and protocols related to Covid-19 as well as local health guidelines. These guidelines and rules have been developed based on the requirements and recommendations of OHF, Lambton Shores and The Lambton Public Health Unit.

Non-compliance will result in players and/or parents being removed or suspended from participation in LSMHA activities.

- All players are required to review the OHF health assessment before every hockey related activity (practice, game, etc) If the player can answer yes to any of the questions please do not attend hockey. [OHF Health Screening Questionnaire](#)
 - Please note, completing the health screening questionnaire may transition to being done electronically in the future.
- All players will be required to sign in for each hockey related activity (practice, game, etc). [OHF Health Screening Tracking](#) During the sign in process they will be verbally asked the questions on the OHF health screening questionnaire. This verbal assessment will be done by a coach, bench staff member or LSMHA volunteer. The health assessment questionnaire will also be posted in the arena facilities.
- Anyone entering the arena facility (players and parents) must be tracked on the LSMHA arena sign in log. This will be kept on file in the event the contact tracing information is requested by the public health unit.
- If a player is exhibiting symptoms of Covid-19 or tests positive for Covid-19 the LSMHA LSMHA Communication Officer must be contacted. Actions will be taken based on guidance from the Lambton Public Health Unit and a doctor's note will be required to return to hockey activities. Details related to the actions required related to covid symptoms can be found on pages 17 to 20 of Hockey Canada's safety guidelines document. [Hockey Canada Safety Guidelines](#)
- All participants and spectators shall adhere to the requirements noted in the Lambton Shores Facility Guidelines for Ice Users [Shores Recreation Centre](#) . [Legacy Centre](#)
- All players age 9 and over and all parents/spectators will wear masks while inside the arena until full hockey gear is on and players are exiting the dressing room to start the on ice session as per [Lambton Shores By-Law 50 of 2020](#)
- Players may not enter the facility until 15 minutes before the scheduled ice time. Entrance is through the main doors.
- Anyone entering the facility will use the hand sanitizer provided at the entrance.

- Dressing rooms may have a maximum of 11 people inside them at any time, including players, coaches, and parents.
- Players will be encouraged to arrive at the arena with equipment already on and will only be required to use the change rooms to store equipment, tie skates, etc.
- Players need to remain in the dressing room until the coach leads them to the ice surface for practice.
- Players need to exit the facility within 15 minutes of the end of their ice time. At the Shores, everyone shall exit the facility via the west door (between dressing room 6 and Zamboni room).
- All players will provide their own hand sanitizer and shall ensure it is in their equipment bag.
- Players will bring their own labelled water bottles and water bottles will not be shared.
- All players will provide all their own equipment and equipment cannot be shared. If a player forgets a piece of equipment, they should not borrow equipment and must not go on ice unless they are in full gear.
- Only 1 parent per child will be allowed per ice time, and the seating area is limited to 25 spectators. Spectators are prohibited from viewing from the lobby and may only watch from the seating area. All spectators must be physically distanced by 2 meters.
- At the Shores, spectators shall exit the facility within 15 minutes of the ice time ending via the west door (between dressing room 6 and Zamboni room). At the Legacy Centre, the exit door is still to be determined.
- Outside food or beverage may be permitted when in accordance Lambton Shores Return to Play Covid-19 Facility Guidelines for Ice Users
- LSMHA will track non-compliance and apply discipline as needed.

Direct Links To OHF, Lambton Shores And Lambton Public Health Unit Documents

[OHF Return To Hockey Plan](#)

[Hockey Canada Return To Play Safety Guidelines](#)

[Hockey Canada Return To Play Safety Guidelines - FAQ](#)

[Lambton Public Health Return To Sport Guidance for Associations, Coaches & Volunteers](#)

[Lambton Public Health Return To Sport Guidance For Participants](#)

[Return to Ice Guidelines For Users - Shores Recreation Centre](#)

[Return to Ice Guidelines For Users - Legacy Centre](#)

Communication Officers Contacts

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